

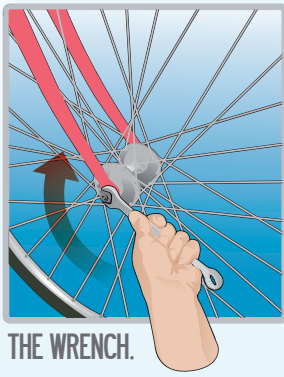
HOW TO FIX A FLAT.

THINGS YOU WILL NEED BEFORE YOU START. A 15 MM WRENCH (FOR THE WHEEL). A PATCH KIT OR A SPARE TUBE. WHITE COLORED PENCIL. TIRE LEVERS. A PUMP. & A GOOD ATTITUDE.

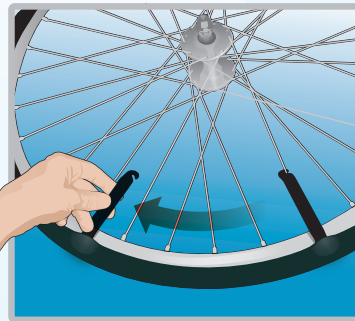
THE START



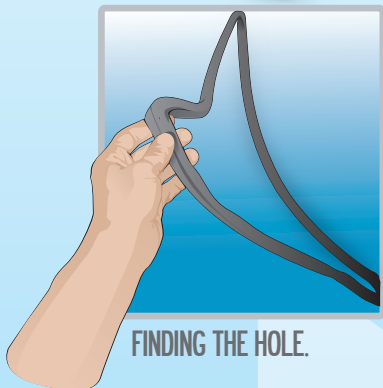
THE FLAT.



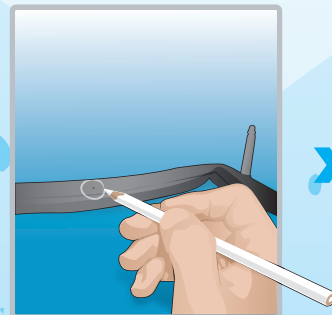
THE WRENCH.



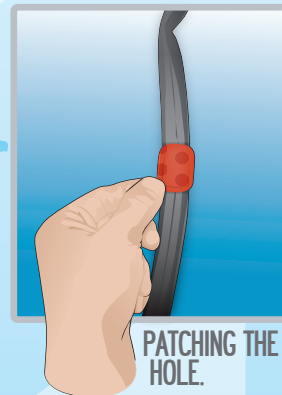
USING THE TIRE LEVERS.



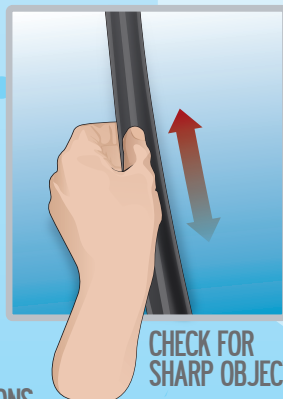
FINDING THE HOLE.



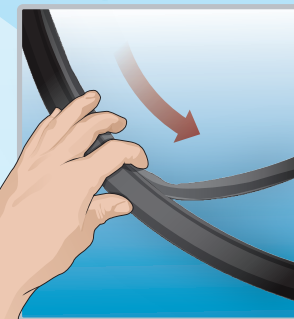
MARKING THE HOLE



PATCHING THE HOLE.



CHECK FOR SHARP OBJECTS.



INSERT THE TUBE, AND PUT THE TIRE ON THE RIM.



PUMP IT UP.

THE INSTRUCTIONS.

1. Remove the wheel. Some wheels have quick release levers and some have bolts. If you have a quick release, open the lever and take your wheel off. If you have bolts you may need a wrench. Remember, Lefty Loosy and Righty Tightly when using the wrench
2. Let any extra air out of the tube. If you have a slow leak it will be easier to remove the tire with no air in the tire. If your tire is totally flat you are ready to remove the tire!
3. Using a tire lever pry one side of the tire from the rim. This is easiest to do by prying up the bead of the tire in one place and sliding the lever around the wheel.
4. Remove the punctured tube.
5. Inspect the tire. The cause of your flat could still be lurking! Check the tire for glass, wire, thorns or other sharp objects. Do this carefully so you don't cut your fingers if you find the sharp object. If you find the cause of the flat, remove it carefully keeping in mind that there might be two or three sharp things in your tire.
6. Insert new or patched tube. There are many different types of tool kits so if you are patching be sure to follow the instructions on your patch kit.
7. Put tire back on the rim being careful not to pinch the tube. This can be tricky!
8. Pump up your tire to the proper pressure (this is printed on your tire)
9. Put your wheel back on your bike. Be sure to tighten it down!

TRY A TEST RUN OF THIS AT HOME ONE DAY. PRACTICING WILL MAKE IT FASTER AND EASIER WHEN YOU DO GET A FLAT. THE FASTER YOU CAN DO THIS THE FASTER YOU'LL GET BACK OUT ON THE ROAD!

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A TIP!



READY. SET. RIDE!



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to SCHOOL

LEARN • WALK • RIDE • HAVE FUN

